K Ephemerides

Newe. 1627.

A new Almanacke and Prognostication, with the Forraigne computation, seruing for the yeare of our Lord and Sauiour Iesus Christ. 1627.

Being the third after the Bissextile or Leap-yeare.

Rectified for the Eleuation of the Pole Artiche, and Meridian of the ancient and famous Citie of Norwich.

And may serue generally for most parts of Great Britaine.

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The Contents of this double Kalender for the yeare of our Lord God 1627. which is the third yeare after the Bissextile or leape yeare, according to the Accompt and computation of the Church of England.

The { Prime or Golden number 13
Circle of the Sunne 12
Epact 23
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space betweene Christmas and Shrove-Sunday is five weekes, and sixe dayes.

Shrovesunday	February.	4
Easterday	March.	25
Ascention day	May.	3
Whitsunday	May.	13
Advent Sunday	December.	2

Betweene Trinity and Advent are 25 dayes 27
Betweene Easter and Ascention is 5. weekes 3. dayes.
Betweene Whitsunday and Midsummer is, 6. weekes.
Betweene Midsummer and Bartholmew, is 8. weekes and 4. dayes.
Betweene Bartholm. All-saints, are 9 weekes, 42. dayes.

The Forraine Computation.

The { Prime or Golden number 13
Circle of the Sunne 12
Epact 13
Dominicall letter C
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Shrovesunday	February.	14
Easter day	Aprill.	4
Ascention day	May.	13
Whitsunday	May.	23
Aduentsunday	Nouember.	28

The space betweene Christmas and Shrovesunday is seauen weekes and 2. dayes.

From the Creation of the world vntill this yeare of our Lord God. 1617	5597
From the Creation vntill the Floud.	1656
From the Floud to Chriſt.	2336
From Moſes to Chriſt.	1514
Since the promiſed ſeede of Abraham.	3573
Since the Iſraelites departed out of Egypt.	3143
Since the Deſtruction of Troy.	2809
Since Brute entred this Iland.	2734
Since the building of the Temple of Salomon.	2663
Since the building of the Citie of Rome.	2378
Since Nabuchadnezer the King.	2375
Since Alexander the great dyed.	1951
Since Iulius Ceſar ſlaine with bodkins.	1676
Since the happie birth of our Sauiour Chriſt.	1617
Since Ieruſalem deſtroyed by Titus Veſpaſian.	1554
Since England receiued the Chriſtian Faith.	1447
Since the Danes entred England.	809
Since the Conqueſt of England.	560
Since the Science of Printing was inuented.	167
Since King Henry the VIII. wonne Bolloigne.	83
Since Kettes Rebellion at Norwich	78
Since the infectious ſweating ſickneſſe.	70
Since Saint Pauls ſteeple fiered by lightnings.	66
Since the great Plague at New-hauen.	64
Since the Earles Rebellion in the North.	58
Since the blaſing ſtarre and froſty Winter.	55
Since the fierie Apparition in the heauens.	53
Since the deepe ſnow.	47
Since the generall earth-quake in England.	46
Since the Campe at Tilbury in Eſſex,	38
Since the laſt earth-quake in England.	25
Our Kings Maieſties Raigne, whome the King of heauen graunt long and proſperouſly to Raigne ouer vs. Amen.	3

The Anatomie of Mans body, as the parts thereof are gouerned by the 12. celestiall Signes.

Aries. Head and face.

Taurus. Neckе and throat.

Gemini Armes and shoulders.

Cancer. Breast stomacke ribs.

Leo, Heart and backe.

Virgo, Bowels and belly.

Libra, Reines and loynes.

Scorpio, Secretmembers.

Sagitarius. the Thighes

Capricornus. The knees.

Aquarius. The Legges.

Pisces, The feete.

The Characters of the Signes, Planets, and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagitarius, ♑ Capricornus, ♒ Aquarius, ♓ Pisces. ♄ Saturne, ♃ Iupiter ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercurie, ☾ Luna, ☌ Coniunction, ✶ Sextile, □ Quadrate, △ Trine, ☍ Oppositiion.

Now if your body in health will keepe,
Warme meates for it is very meete:
Flie Phificke, floath, and venery,
Auoid all baths moſt carefully.

1	a	Newyeare d.	Scorp.	12	11	d	
2	b	Oct. Steph	Scorp.	24	12	e	● New moon
3	c	Oct. Iohn	Sagit.	6	13	f	the 7. day, 25.
4	d	Oct. Innoc.	Sagit.	19	14	g	minuts after 10.
5	e	Edwar. dep.	Capric.	1	15	a	of the clocke, in
6	f	Twelfe day	Capric.	14	16	b	the morning.
7	G	1. sun af. Ep	Capric.	27	17	c	
8	a	Lucian priest	Aquar.	10	18	d	
9	b	Agapit virg.	Aquar.	24	19	e	☽ Firſt quar-
10	c	Paul 1. Her.	Piſces	17	20	f	ter the 14. day,
11	d	Sol in aqua.	Piſces	22	21	g	about 9. of the
12	e	Archade ma.	Aries	6	22	a	clocke in the
13	f	Hild. com in	Aries	20	23	b	morning.
14	G	2. sun af. epi.	Taurus	5	24	c	
15	a	Maurice	Taurus	19	25	d	Conu. of Paul
16	b	Marcellus	Gemini	4	26	e	○ Full moone
17	c	Anthony dep	Gemini	18	27	f	the 21. day, 13.
18	d	Priſca virg.	Caner	2	28	g	min. after 10. of
19	e	Wolſtan bi.	Cancer	15	29	a	the clocke in the
20	f	Fabian & hi.	Cancer	28	30	b	morning.
21	G	Hild. goe out	Leo	11	31	c	
22	a	Vincent ma.	Leo	25	1	d	February
23	b	Terme beg	Virgo	6	2	e	Purifi. of Mar.
24	c	Timothy	Virgo	19	3	f	
25	d	Con. of Pau	Libra	1	4	g	
26	e	Policarpe b	Libra	13	5	a	☾ Laſt quar-
27	f	Iulian biſh.	Libra	25	6	b	ter the 29. day,
28	G	4. sun. af. epi	Scorp.	7	7	c	51. minuts after
29	a	Theodore pr.	Scorp.	19	8	d	9 of the clocke
30	b	Batild Qu	Sagit.	2	9	e	in the morning.
31	c	Sat. & Vict.	Sagit.	14	10	f	

This month as yet no Phiſicke vſe,
For feare that you your ſelfe abuſe:
Bleede not, nor bath, be rulde by me,
Except vpon neceſſitie.

1	d	Brigget faſt	Sagi.	27	11	g	☽ New moon
2	e	Purifi of M	Capri.	9	12	a	the firſt day, 31.
3	f	Blaſe biſhop	Capri.	22	13	b	minuts after 11.
4	G	Dyronetum	Aqua.	6	14	C	of the clocke at
5	a	Agath. virg	Aqua.	19	15	d	night.
6	b	Dorothie	Piſces	3	16	e	
7	c	Angule biſh.	Piſces.	17	17	f	
8	d	Paul biſhop	Aries	2	18	g	☽ Firſt quar=
9	e	Solin Piſces.	Aries	17	19	a	ter the 12. day
10	f	Scholaſt. bi.	Taur.	1	20	b	28. minuts after
11	G	Jun. in lent.	Taur.	16	21	C	4. of the clocke
12	a	Terme ends	Gem.	0	22	d	in the after
13	b	moiſton.	Gem.	14	23	e	noone.
14	c	Ember wee.	Gem.	28	24	f	Mathias Apoſt.
15	d	Fauſtine	Can.	12	25	g	● Full moone
16	e	Julian vir.	Can.	25	26	a	the 20. day about
17	f	Policron. bi.	Leo	8	27	b	two of the clocke
18	G	Simeon	Leo	21	28	C	in the morning.
19	a	Sabine pri.	Virgo	3	1	d	March.
20	b	Mildred vir.	Virgo	15	2	e	
21	c	70 martirs	Virgo	27	3	f	
22	d	Cath of Pe.	Libra	9	4	g	☾ Laſt quar=
23	e	Policarpe ta	Libra	21	5	a	ter the 28. day
24	f	Mathias Ap	Scorp.	3	6	b	17. minuts after
25	G	3. ſun. in lent	Scorp.	25	7	C	5. of the clocke in
26	a	Alexander	Scor.	27	8	d	the morning.
27	b	Auguſtine bi	Sag.	9	9	e	
28	c	Oſwald biſh	Sag.	22	10	f	
					11	g	

Now March begins the ſpringing time,
The Sunne hath got the equall line:
Vſe Phiſickes Art, and all thy ſkill,
To helpe diſeaſes that be ill.

1	d	Dauid biſh.	Capri	4	11	g	
2	e	Chad biſhop	Capri	17	12	a	● New moone
3	f	Maurice	Aqua.	0	13	b	the 7. day 25. mi-
4	G	4. ſun. in lent	Aqua.	14	14	C	nutes after 10. of
5	a	Foca & Euſ.	Aqua.	28	15	d	the clocke in the
6	b	Victor & Vi	Pisces	12	16	e	forenoone.
7	c	Perpetue	Pisces	26	17	f	
8	d	Felix martir	Aries	11	18	g	
9	e	40. Martyrs	Aries	26	19	a	☽ Firſt quar-
10	f	Agapit bir.	Taur.	11	20	b	ter the 14. day,
11	G	Sol in Arie.	Taur.	26	21	C	4. minutes after
12	a	Gregorie	Gem.	10	22	d	one of the clocke
13	b	Theodore	Gem.	24	23	e	in the morning.
14	c	Candida ma	Canc.	8	24	f	
15	d	Longine mar	Canc.	22	25	g	Annun. Marie
16	e	Boniface bi	Leo	5	26	a	○ Full moone
17	f	Gertrude bi	Leo	18	27	b	the 21. day 45.
18	G	5. ſun. in lent	Virgo	0	28	C	minutes after 6.
19	a	Joſeph	Virgo	13	29	d	of the clocke at
20	b	Cuthbert bi.	Virgo	25	30	e	night.
21	c	Benedict ab	Libra	6	31	f	
22	d	Aſtrodo. epi	Libra	18	1	g	Aprill.
23	e	Theodore pi.	Scor.	0	2	a	
24	f	Agapit tall	Scor.	12	3	b	
25	G	Ann of Ma	Scor.	23	4	C	☾ Laſt quar-
26	a	Caſtor mar	Sagit.	5	5	d	ter the 29. day,
27	b	Init Reg. Car	Sagit	17	6	e	about 10. of the
28	c	Dorothe vir	Capri	0	7	f	clocke at night.
29	d	Wilfor	Capri	12	8	g	
30	e	Quirine ma.	Capri	25	9	a	
31	f	Ewelme biſh	Aqua.	8	10	b	

This Aprill with his ſtormie ſhewers,
Doth make the earth yeeld pleaſant flowers:
Purge well therefore for it is good,
To helpe thy body and cleanſe thy blood.

1	S	1.ſun. af. Ea	Aqua.	22	11	☾
2	a	Wed. com in	Piſces	6	12	b ● New moon
3	b	Richard biſh	Piſces	20	13	c the firſt day, 14.
4	c	Ambroſe biſh	Aries	5	14	d minuts after 7.
5	d	Martian	Aries	20	15	e of the clocke at
6	e	Sextus biſh.	Taurus	5	16	f night.
7	f	Egiſippus	Taurus	19	17	g
8	G	2.ſun.aft.ea.	Gemini	5	18	a ☌
9	a	Perpetue	Gemini	20	19	b ☽ Firſt quar=
10	b	ol in Tauru.	Cancer	4	20	c ter the 12. day,
11	c	Terme begi	Cancer	18	21	d 25. minuts after
12	d	Julie confeſ.	Leo	1	22	e a 11. of the clock
13	e	Eufeme vir	Leo	14	23	f in the foꝛenoone.
14	f	Tiburt	Leo	27	24	g
15	G	3.ſun.af. Ea.	Virgo	10	25	a ☍
16	a	Iſidoꝛe mar.	Virg	22	26	b ● Full moone
17	b	Eolmie	Libra	4	27	c the 20. day, 30.
18	c	Valerian	Libra	16	28	d minuts after 11.
19	d	Alphege biſh	Libra	27	29	e of the clock in
20	e	Victoꝛ biſhop	Scoꝛp.	9	30	f foꝛe noone.
21	f	Simeon	Scoꝛp.	21	1	g May.
22	G	4.ſun. af. Ea	Sagit.	2	2	a ☌
23	a	S. George	Sagit.	14	3	b
24	b	Milfride	Sagit.	26	4	c
25	c	Mark Euã	Capꝛi.	8	5	d ☾ Laſt quar=
26	d	Clement bi.	Capꝛ.	21	6	e ter the 28. day,
27	e	Vitalis mar.	Aqua.	4	7	f 13. minuts after
28	f	Pet. of Mil	Aqua.	17	8	g 11. of the clocke
29	G	Rogat. ſun.	Piſces	c	9	a in the foꝛe=
30	a	Wed. goe out	Piſces	14	10	b noone.

Now gallant May in his array,
Doth make the fields pleasant and gay:
Walke early now for thy healths sake,
And still thou maist some Phisicke take.

1	b	Phil & Jac	Pisces	29	11	e	
2	c	Athanasius	Aries	13	12	f	● New moon
3	d	Ascens. day	Aries	28	13	g	he 1ſt day, 9.
4	e	Florian	Taurus	13	14	a	minuts after 3.
5	f	Godard	Taurus	28	15	b	of the cloche in
6	G	6. sun. af. Ea.	Gem.	13	16	c	the morning.
7	a	Terme ends	Gem.	28	17	d	
8	b	Ap. of S. M.	Canc.	12	18	e	
9	c	Tra. of Mich	Can.	26	19	f	☽ Firſt quar=
10	d	Gordian	Leo	10	20	g	ter the 11. day
11	e	Solin Gemi	Leo	23	21	a	about mid=
12	f	Nereus	Virgo	6	22	b	night.
13	G	Whitsunday	Virgo	18	23	c	Whitsunday.
14	a	Boniface	Libr.	1	24	d	○ Full moone
15	b	Isidore mar.	Libra	13	25	e	the 20. day, 30.
16	c	Embar weeke	Libr.	25	26	f	minuts after 3.
17	d	Tran. Bar.	Scor.	7	27	g	of the cloche in
18	e	Dios. mart.	Scor.	18	28	a	the morning.
19	f	Dunstan Br.	Sag.	0	29	b	
20	G	Trinit sund.	Sagi.	12	30	c	Trinitie sunday
21	a	Med com. in	Sagi.	23	31	d	
22	b	Julian virg.	Capr.	5	1	e	Iune.
23	c	Desiderij m.	Capr.	18	2	f	
24	d	Tra. of Fran	Aqua.	0	3	g	
25	e	Terme b. gi.	Aqua.	13	4	a	☾ Laſt quar=
26	f	Angust. of C	Aqua.	26	5	b	ter the 27. day,
27	G	1. sun. af. tri.	Pisces	10	6	c	16. minuts after
28	a	German bish	Pisces	24	7	d	3. of the cloche
29	b	Coron mar.	Aries	8	8	e	in the night.
30	c	Felix bishop	Aries	22	9	f	
31	d	Petronill vir	Taur.	7	10	g	

This month of Iune vse clarified whay,
Boyld with coole hearbs drinke alway:
From violent exercise now abstaine,
except thou wilt in trouble remaine.

1	e	Nichomede	Taur.	22	11	a	
		Marcelline	Gem.	7	12	b	● New moon
3	G	2. sun. aft. tri	Gem.	22	13	C	the 3. day, 44.
4	a	Petrocius cō	Canc.	6	14	d	minutes after 10.
5	b	Boniface	Canc.	20	15	e	of the clocke in
6	c	Wolstone	Leo	4	16	f	the forenoone.
7	d	Will. Arch.	Leo	18	17	g	
8	e	Medard	Virgo	1	18	a	
9	f	Tran. of Ed.	Virgo	14	19	b	☽ First quar-
10	G	3. sun. aft. tri	Virgo	27	20	C	ter the 10. day,
11	a	Barnabie	Libra	9	21	d	37. minutes after
12	b	Sol in Canc.	Libra	21	22	e	two of the clocke,
13	c	Terme ends	Scor.	3	23	f	in the after noon.
14	d	Basilidis bishop	Scor.	15	24	g	John Bapt. ste
15	e	Vitus & Mod	Scor.	27	25	a	○ Full moone
16	f	Tra. of Vit.	Sag.	9	26	b	the 18. day, 34.
17	G	4. sun. aft tri	Sag.	21	27	C	minutes after 5.
18	a	Marcelline	Cap.	3	28	d	of the clocke in
19	b	Gervase	Cap.	15	29	e	the afternoone.
20	c	Tra of Ed.	Cap.	27	30	f	
21	d	Malburge vi	Aqua.	10	1	g	July.
22	e	Achatia	Aqua.	23	2	a	
23	f	Audre fast.	Pisces	6	3	b	
24	G	John Bapt.	Pisces	20	4	F	☾ Last quar-
25	a	Transl. of eli.	Aries	4	5	d	ter the 26. day,
26	b	John & Paul	Aries	18	6	e	20. minutes after
27	c	Crescence ma	Taur.	2	7	f	3. of the clocke in
28	d	Les bish. & c	Taur.	17	8	g	the morning.
29	e	Peter Apost.	Gem.	2	9	a	
30	f	Com of Paul	Gem.	16	10	b	

Now in Iuly Dog dayes begin,
The Riuers are beſt to bath in:
To take hot drinkes be not too bold,
But vſe hearbes which be moiſt and cold.

1	G	5.ſun.aft.tri	Can.	1	11	C	
2	a	Viſit of Ma	Can.	15	12	d	☽ New moon
3	b	Tra. of Th	Can.	29	13	e	the ſecond day, 7.
4	c	Tra. of Ma.	Leo	12	14	f	minutes after 7.
5	d	Foe virgin	Leo	26	15	g	of the clocke at
6	e	Oct. of Pet	Virgo	9	16	a	night.
7	f	Martialis	Virgo	22	17	b	
8	G	7.ſun.aft.tri.	Libr.	4	18	c	
9	a	Cyril Bilh.	Libr.	17	19	d	☽ Firſt quar=
10	b	7. brethren	Libr.	29	20	e	ter the 10. day,
11	c	Tra. of Ben.	Scor.	11	21	f	53. minuts after
12	d	Gabor & Fe	Scor.	23	22	g	6. of the clocke in
13	e	Iuſtatius m	Sag.	5	23	a	the morning.
14	f	Iul in Leo	Sag.	17	24	b	
15	G	Tra. of Swit	Capr.	0	25	c	Iames Apoſtle.
16	a	Tra of Olm	Capr.	12	26	d	● Full moone
17	b	Kenel king	Capr.	24	27	e	the 18. day, 26.
18	c	Arnolph.bish	Aqua.	7	28	f	minuts after 6. of
19	d	Dog.da.beg	Aqua.	20	29	g	the clocke in the
20	e	Margaret	Piſc.	3	30	a	morning.
21	f	Praxed virg.	Piſc.	16	31	b	
22	G	Mary Mag.	Aries	0	1	c	Auguſt.
23	a	Apolinaris	Aries	14	2	d	
24	b	Chriſti. fall.	Aries	29	3	e	
25	c	Iames Apo.	Tau.	13	4	f	☾ Laſt quar=
26	d	Anne mo. M	Tau.	27	5	g	ter the 25. day,
27	e	7. Sleepers	Gem.	12	6	a	7. minutes after
28	f	Sampſon bi.	Gem.	26	7	b	8. of the clocke in
29	G	10.ſu.aft.tri.	Can.	10	8	c	the morning.
30	a	Abdon & Se	Canc.	24	9	d	
31	b	German. bi.	Leo	8	10	e	

This month of August take good heed,
For now will many surfets breede:
Let little sleepe thee now content,
If that diseases thou wilt preuent.

1	c	Lammas da	Leo	21	11	f	● New moon
2	d	Stephen	Virgo	4	12	g	the first day, 49.
3	e	Inu. of Ste.	Virgo	17	13	a	minuts after 4.
4	f	Justin epriest	Virg	29	14	b	of the clocke in
5	G	Gowries cōs.	Libra	12	15	C	the morning.
6	a	Transfigura	Libra	24	16	d	
7	b	Fe. of Jesus	Scorp.	6	17	e	☽ First quar=
8	c	Ciriacke	Sco p.	19	18	f	ter the 9. day,
9	d	Roman ma.	Sagit.	1	19	g	20. minuts after
10	e	Lawrence m	Sagit.	13	20	a	12. of the clock
11	f	Tiburt mar.	Sagit.	25	21	b	at noone.
12	G	Clare vir	Capric.	7	22	C	
13	a	Iposit & his	Capri.	20	23	d	
14	b	Sol in Virgo.	Aquar.	3	24	e	Barthol. Apost.
15	c	Assum. Mar.	Aquar.	16	25	f	● Full moon
16	d	Roch mart,	Aquar.	29	26	g	the 16. day, 47.
17	e	Oct. of Law	Pisces	12	27	a	minuts after 5.
18	f	Agapit mar.	Pisces	26	28	b	of the clocke at
19	G	13. sun. af. tri	Aries	10	29	C	night.
20	a	Ludowick cō	Aries	25	30	d	
21	b	Barnard con	Taurus	9	31	e	
22	c	Octa Assum.	Taurus	24	1	f	September.
23	d	Timoth. fast	Gemini	8	2	g	☾ Last quar=
24	e	Bartholm. A	Gemini	23	3	a	ter the 23. day,
25	f	Lewes King	Cancer	7	4	b	45. min. after
26	G	Dog dar end	Cancer	21	5	C	high noone.
27	a	Ruphin mar.	Leo	4	6	d	● New moon
28	b	Augustine bi	Leo	18	7	e	the 30. day 55.
29	c	John behead	Virgo	1	8	f	min. after 4. of
30	d	Felix & Aud.	Virgo	13	9	g	the clocke, in the
31	e	Cuthbinge	Virgo	26	10	a	after noone.

Now maist thou safely Phisicke take,
And bleed and bath for thy healths sake:
Eate Figges and Grapes, and Spicery,
For to refresh thy members dry.

1	f	Egidius	Libra	8	11	b	
2	g	5.sun.af.tr.	Libra	20	12	c	☽ First quar-
3	a	Gregorie	Scorp.	2	13	d	ter the 7. day 18.
4	b	Tra.of Cut.	Scorp.	14	14	e	minuts after six
5	c	Herculus	Scorp.	26	15	f	of the cloche at
6	d	Eugentius	Sagit.	8	16	g	night.
7	e	Gorgon	Sagi.	20	17	a	
8	f	Nati of Ma	Capri.	2	18	b	
9	g	16.sun.af.tri	Capri.	15	19	c	
10	a	Byot. & Jac.	Capri.	28	20	d	
11	b	Martian bi	Aquar.	11	21	e	Mathew Apo.
12	c	Maurice	Aqua.r	24	22	f	● Full moon
13	d	Stiuius	Pisces	8	23	g	the 15. day, 5.
14	e	Sol in Libra.	Pisces	21	24	a	min. 4. of the
15	f	Octa.Mary	Aries	5	25	b	clock in the mor-
16	g	17.sun.af.tr.	Aries	20	26	c	ning.
17	a	Edith.virg.	Taurus	5	27	d	☾ Last quar-
18	b	Matt. & Cor.	Taurus	19	28	e	ter the 21. day,
19	c	Ember week	Gemini	4	29	f	5. minutes after
20	d	Eustatius fast	Gemini	19	30	g	7. at night.
21	e	Bath Spou	Cancer	3	1	a	October.
22	f	Mauri.& bis	Cancer	17	2	b	
23	g	18.sun. af.tri	Leo	1	3	c	
24	a	Samuell	Leo	15	4	d	New moon
25	b	Fermine bish	Leo	28	5	e	the 29. day, 43.
26	c	Cipryan	Virgo	10	6	f	minuts after 7.
27	d	Cosm & Dar	Virgo	23	7	g	of the cloche in
28	e	Exuper. bish	Libra	5	8	a	the morning.
29	f	Michael Ar	Libra	17	9	b	
30	g	19.sun.af.tri.	Libra	29	10	c	

October hath xxxj dayes.

This month hot drinkes and meates be good,
To keepe thy health and nourish thy blood:
Prouide warme cloathes, and goe dry,
Thou shalt escape much danger thereby.

1	a	Remigius	Scor.	11	1	d	
2	b	Leodiga. bish	Scor.	22	12	e	☽ First quar-
3	c	Candide ma	Sag.	4	13	f	ter the 7. day, 54.
4	d	Francis con.	Sag.	16	14	g	minutes after 11.
5	e	Apolinarius	Sag.	28	15	a	of the clock in the
6	f	Faith virg.	Capr.	11	16	b	fore noone.
7	G	20. sun af. tri	Capr.	23	17	C	
8	a	Pelagie vir.	Aqua.	6	18	d	Luke Euang list
9	b	Terme begi	Aqua.	19	19	e	● Full moone
10	c	Gedeon & vi	Pisces	2	20	f	the 14. day, 50. mi
11	d	Burchade	Pisces	16	21	g	after one of the
12	e	Wilfride	Aries	0	22	a	clocke in the after
13	f	Tran. of Ed.	Aries	14	23	b	noone.
14	G	Sol in Scorp.	Aries	29	24	C	
15	a	Woolfron bi	Taur.	14	25	d	
16	b	Mich. mount	Taur.	29	26	e	☾ Last quar-
17	c	Trãs. of Eth	Gem.	13	27	f	ter the 21. day, 30
18	d	Luke Euan	Gem.	28	28	g	minutes after 4.
19	e	Frideswick	Can.	13	29	a	of the clock in the
20	f	Austrebert	Can.	27	30	b	morning.
21	G	22. sun. af. tri	Leo	11	31	C	
22	a	Mary Sal.	Leo	24	1	d	November.
23	b	Roman bish	Virgo	7	2	e	
24	c	Maglorie	Virgo	20	3	f	● New moone
25	d	Crispin & Cr	Libra	2	4	g	the 29. day,
26	e	Ursula	Libra	14	5	a	about one of the
27	f	Floren. fast	Libra.	26	6	b	clocke in the mor-
28	G	Simõ & Ind	Scor.	8	7	C	ning.
29	a	Narcissus	Scor.	20	8	d	
30	b	Germanus	Sagi.	1	9	e	
31	c	Quintine	Sagi.	13	10	f	

Now maist thou drinke sweete wines freely,
And vse good mirth and Company:
Abstaine from wrath and all enuie,
And vse thy brethren charitablie.

1	d	All Saints	Sagi.	25	11	g	
2	e	All Soules	Capr.	7	12	a	
3	f	Wenefride	Capr.	19	13	b	☽ First quar-
4	G	44.sun. af.tr.	Aqua.	1	14	C	ter the 6. day,
5	a	Papilis cos.	Aqua.	14	15	d	11. minutes af-
6	b	Leonard	Aqua.	27	16	e	ter 4. of the clock
7	c	Wilbrode	Pisc.	10	17	f	in the morning.
8	d	4.Crowned	Pisc.	24	18	g	
9	e	Theodor.ma	Aries	8	19	a	Full moone
10	f	Bennet	Aries	22	20	b	the 12. day, 36
11	G	Martine bi.	Tau.	7	21	C	minutes after 11
12	a	Paternmar,	Tau.	22	22	d	of the clocke at
13	b	Sol in Sagit.	Gem.	7	23	e	night.
14	c	Tra. of erk.	Gem.	n 22	24	f	☾ Last quarter
15	d	Machute	Can.	7	25	g	the 19. day, 40.
16	e	Edmund bi.	Can.	22	26	a	mi. after 5. of the
17	f	S. Hugh	Leo	6	27	b	clocke at night.
18	G	26.sun.af.tri	Leo	20	28	C	Aduent sonday.
19	a	Elizabeth	Virgo	3	29	d	
20	b	Edmund K.	Virg.	16	30	e	Andrew Apostle.
21	c	Pres.of Ma.	Virgo	29	1	f	December.
22	d	Cicilie	Libr.	11	2	g	
23	e	Clement	Libr.	24	3	a	
24	f	Grisogone	Scor.	6	4	b	
25	G	Katherin	Scor.	17	5	C	● New moone
26	a	Linus bishop	Scor.	29	6	d	the 27. day, 55.
27	b	Agricola	Sag.	11	7	e	minutes after 7.
28	c	Lerme ends	Sag.	22	8	f	of the clocke at
29	d	Saturn fast.	Capri	4	9	g	night.
30	e	Andrew apo	Capri	16	10	a	

This month as I doe now remember,
The twenty fiue of this December:
Our Sauiour Christ was borne that day,
That we might praise his name alway.

1	f	Eligius	Canric.	28	11	b
2	G	Aduent sun.	Aquari.	10	12	C
3	a	Wed goe out	Aquari.	23	13	d
4	b	Barbary vir.	Pisces	6	14	e
5	c	Sabba abb	Pisces	19	15	f
6	d	Nichol. bish.	Aries	3	16	g
7	e	Octa. of And	Aries	17	17	a
8	f	Conc. of Ma	Taurus	1	18	b
9	G	2. sun. in Ad	Taurus	16	19	C
10	a	Eulalia	Gemini	1	20	d
11	b	Damasus cō.	Gemini	16	21	e
12	c	Sol in Capri	Cancer	1	22	f
13	d	S. Lucy	Cancer	16	23	g
14	e	Otholie vir.	Leo	0	24	a
15	f	Valerius	Leo	14	25	b
16	G	3. sun. in Adu	Leo	28	26	C
17	a	Lazarus bish	Virgo	11	27	d
18	b	Gratian bish	Virgo	25	28	e
19	c	Ember week	Libra	7	29	f
20	d	Julian fast	Libra	20	30	g
21	e	Thomas A.	Scorp.	2	31	a
22	f	xxx. mart.	Scorp.	14	1	b
23	G	4. sun. in Ad.	Scorp.	26	2	C
24	a	Adama fast	Sagita.	8	3	d
25	b	Christmas	Sagita.	20	4	e
26	c	S. Stephen	Capric.	2	5	f
27	d	John Euan.	Capric.	13	6	g
28	e	Innocents	Capric.	26	7	a
29	f	Tho. Becket	Aquar.	7	8	b
30	G	Dauid	Aquar.	20	9	C
31	a	Siluest. bish	Pisces	2	10	d

☽ First quarter the 5. day. 13. min. after 6. of the clocke at night.

● Full moon the 12. day, 37. min. after 9. of the clocke in the fore-noone.

Christmas
S. Stephen
John Euangel
Innocents

☾ Last quarter the 19. day, 22. min. after 10. of the clocke in the fore noon.

● New moon the 27. day, 56. min. after 2. of the clocke in the after noone.

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NEVE. 1627.

A Prognoſtication ſeruing for the yeare of our Lord God and *Sauiour Ieſus Chriſt*. 1627.

Wherein you may obſerue, the grounds of the alteration and condition *of the foure quarters of this yeare, & alſo the diſpoſition of the Ayer, for each ſeuerall Moneth, according to the inclination of the Celeſtiall* bodyes, with the change of the Moone, and the tyme of the Eclipſes: and other neceſſarie obſeruations, Conuenient in ſuch a worke to bee noted.

Calculated, and eſpecially referred to the longitude and elcuation of the Pole Article of the ancient and famous Cittie of *Norwich*, and may ſerue indifferently for all England.

Collected and publiſhed by *I: Neue*, Gent.

A neceſſary rule to knovv the beginning and ending of euery Terme, with their Returnes.

Hillarie Terme beginneth the 23. date of January, and endeth the 12 of Febzuary, and hath foure returnes.

Octabis Hillarij. } { Craſtino Purifica.
Quind. Hillarij. } { Octabis Purifica.

Eaſter Terme, beginneth the 11. of Aprill, and endeth the 7. of May, hauing Fiue returnes.

Quind. Paſchæ. } { Quinque paſchæ.
Tres paſchæ. } Menſe paſchæ. { Craſt. Aſcen.

Trinitie Terme beginneth the 25. of May, and endeth the 13. of Iune, and hath 4 returnes.

Craſti. Trinitatis. } { Quind. Trinitatis.
Octabis Trinitatis. } { Tres Trinitatis.

Michaelmas Terme beginneth the 9. of October, and ends 28 of November, and hath 8 returnes.

{ Octabis Michael. } { Craſt. Animarum. }
{ Quind Michael. } { Craſt. Martinj. }
{ Tres Michael. } { Octabis Martinj. }
{ Menſe Michael. } { Quind. Martinj. }

Note that the Exchequer openeth Eight dayes before any Terme begins, except Trinity Terme, in which it openeth but foure dayes before.

On theſe dayes following, the Iudges ſit not at Weſtminſter.

In { Hillarie / Eaſter / Trinitie / Michael } Tearme on { Candlemas / Aſcenſion / Midſomer / All-holland } dayes.

Certayne

Certaine profitable Rules, and briefe obſeruations concerning husbandrie.

The beſt time to ſow all kind of Corne, is when the moone goeth her courſe in Cancer.

The beſt time to plant and graft, when the Moone is in a fixed ſigne, eſpecially in Taurus or Aquarius, and in the increaſe of the Moone, which is betweene the change and the full.

To ſet & ſow all kind of ſeedes, the moone being well ſeated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Piſces.

Fell Timber to build withall, when the Moone is towards the laſt quarter, ſhee being then in Aquarius, or Piſces.

Crop trees & fell wood to burne, that the ſtocke may the better and ſooner grow againe, when the Moone is in the firſt quarter.

Remoue and ſet young trees, in the laſt quarter of the moone, in Taurus, or Capricornus, and that in the moneths of September, October, November, & Februarie.

The beſt time to geld cattell, the moone being in Aries, Sagittarius, or Capricornus.

The beſt time to cut Vines, is in Februarie or March, the moone increaſing, in Taurus, Virgo, or Libra.

The beſt time to ſheare ſheepe, is in the increaſing of the moone, and that is from the change to the full.

To cut hayze, that it may the ſooner grow againe, the moone increaſing in Taurus, Virgo, or Libra.

To mucke your land that the weedes may not grow thereby, is in the decreaſing of the moone, that is from the full to the change.

A Prognostication.

Of the Eclipses, which shall happen this present yeare of our Lord God. 1627.

THe Two great lights of Heauen, will suffer Fiue times the losse and reiection of the light, that they vsually impart to the Inhabitants of the earth: whereof there will be Three Eclipses of the Sun, and two of the Moone, but not any of them will visible appeare in this our Horizon.

Of the First Eclipse.

THe First Eclipse of the moone, shall apparantly bee seene (vnto the Inhabitants of Asia, Persia, China, and to certaine Ilands adioyning) on the 21. day of Ianuarie according to our account, but in the reformed yeare, on the 31. of Ianuary, the Moone then being in Leo, not farre from Caput draconis, in a signe of the fierie triplicitie, naturally hot and dry, Masculine, oriental, fired, and the house of the Sunne.

The poynts or degrees eclipsed, is 9. ho. and 18 min. the whole duration of this obscuration, shall continue from the beginning to the ending, three ho. and 9. min.

Of the Second Eclipse.

VPon the Fift day of February, according to the Iulian yeare, but according to the Gregorian yeare, on the 15 of the same moneth, will sensibly and visibly appeare a great eclipse of the bright Globe of the Sun: both the Luminaries then being coniuncted in Aquarius, in a signe of the Ayrie triplicity, naturally hot and moyst, of Complexion Sanguine, occidentall, fixed, and the house of Saturne.

The duration of this Eclipse, will continue two houres and 18. min. vnto the people which are now situated

ſtuated in the land called Magellan, whoſe longitude is 257. deg: and 66. deg: of South Latitude. The points 07 deg: Eclipſed, is 11. and 59. minuts.

Of the Third Eclipſe.

THere ſhall viſibly appeare a great and totall Eclipſe of the Moone, on the 18. day of Iuly 26. min. after 6. of the clocke in the Morning, but in the reformed yeare, on the 28. of the ſame moneth: This Eclipſe will not ſo euidently appeare in England, as to people further Inhabiting towards the Weſt, as Ireland, Mexica, America, and the Ilandes there adioyning: The quantity 07 degrees eclipſed, is 15. & 25. min. This lunarie obſcuration, from the beginning to the ending, will be 3. hou. and 25. minuts.

The Fourth Eclipſe.

VPon the Firſt of Auguſt 49. min. after 4. in the Morning, but according to the forraigne account, on the 11. of the ſame inſtant moneth, the bright globe of the Sun ſhall be againe eclipſed 07 darkened by the direct interpoſition of the body of the Moone, betweene him and the earth, they being both at that very time coniopned together in the 17. grade of Leo, and not farre diſtant from Caput Draconis.

This Accidentall obſcuration of the Sunne, will ſhew it ſelfe vnto thoſe people that are more ſituated towards the Eaſt, in the great Empire of Tartaria, where the degr: of Longitude is 169. and the degrees: of Latitude 66. The totall durance of this eclipſe will bee 2. hou: and 14. minuts.

Of the Fift Eclipſe.

THere ſhall appeare another Eclipſe of the Sunne (vnto the Inhabitants which are now ſituated towards the Weſt, in the land of Laborador, and thoſe

parts adiacent) vpon the 27. of December, according to our computation, but after the gregorian pære on the 6. of Ianuary, both the luminaries being about the 15. deg: of Capricorne, not farre from Cauda Draconis, in a signe of the earthly Triplicity, naturally cold and dry, of complexion Melancholicke, femine, Meridionall, moueable, and the totall duration, will be 2. houres and 14. minutes.

Briefe Rules and necessary obseruations, concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moone.

When the weather is either extreame hot or cold, it is not then conuenient, either to let blood or to purge, vnlesse some great necessity doe require it: yet notwithstanding if this blood-letting be for the Phrensie, the Apoplexie, for a continuall head-ach proceeding of choller or blood, or any hot burning feuer or other extreame payne, a man in such a case may not tarry a chosen time, because the patient might miscarrie in the meane season. But in this aforesaid case of extreamity, blood is not to be let in such a quantitie as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when the Moone is in ♈, or ♐, the head and thighes excepted.

For the Melancholy, the moone being in ♎, or ♒, the buttockes and legges excepted.

For the Cholericke, the Moone being in ♋, ♏ or ♓, the brest and feete excepted.

For ♃ Sanguine, all be good which before is named.

In the spring time, let blood at the right side.

In Haruest time, let blood at the left side.

For

For Bathing.

Bathings, are commonly vſed rather for pleaſure then for profit, eſpecially where hot-houſes are ouer-much haunted: But I mind not to ſpeake of them in this place, otherwiſe then to aduertiſe thoſe that tender their owne health, to be warie and circumſpect in reſorting vnto them without cauſe, and immediately after or with ſuch perſons as be vncleane. Know that it is not good to bathe when the Moone is in earthly ſignes, as in ♉. ♍. or ♑. the reaſon is, becauſe they are of a cold and dry nature, and the nature of cold is, to reſtraine and bind, & ſo the Moone being in theſe ſignes, the pores of the body are cloſed and ſhut, ſo that there can be no reſolution of humors and ſuperfluities which by bathing ought to be auoyded.

But in fiery ſignes, as when the moone is in ♈. ♌. or ♐. then it is a good time for bathing, for then the body is apt to reſolution, for it is the nature of heate to open and reſolue.

It is beſt bathing 2 or 3 dayes after the change, and at the full of the Moone, for then the ſuperfluities are ripe and ready to auoyd, and diſpoſed to flow and iſſue out, which indeed is the end and vſe of bathing.

If any will enter into the bath, onely for cleanelleſſe ſake, let the Moone be in ♎. or ♒.

Furthermore, if Bathing be vſed for health, let the partie grieued, learne of the wiſe Phyſition, whether his ſickneſſe hath need of moyſtening or drying, for if it doth require moyſtening, as in Phthiſis, & ſuch like, then let him Bath in watery ſignes, hauing good aſpect of ♃. and ♀. But if the ſickneſſe require dryping as in Paralyſis and the like, then let him Bathe, the moone being in fiery ſignes, hauing good aſpects of ♐. and the Sunne.

Also before you enter into any Bath, your body must be first purged, for if you goe in vnprepared and vnpurged, peraduenture you may be worse after then before.

The best time of the yeare to Bathe in, is in the Spring, and Harnest, and in the Moneth of May, and September. The best time of the day to goe into the Bath, is one houre after the Sun rising at the least, alwaies prouided, that you must walke either an houre or halfe an houre before, and haue a stoole either by nature or Art: you must couer your head well so long as you bee in the Bath, and beware you drinke not cold drinke although you be very thirsty, but forbeare things that be cold, least when you are hot within, all cold strike suddenly into some principall member, and so hurt you.

The time of tarying in the Bath, is commonly one howre, but it may be more or lesse, according to the nature of the bath, or sicknesse of the party, at the discretion of the wise Phisition.

For Purging.

In purging, these 5. things ought to be knone

1. The humor which aboundeth.
2. The best way to auoyd it.
3. The strength of the person.
4. The manner of the sicknesse.
5. The force and nature of the medicine.

For when these things are not considered and obserued, many perillous accidents may follow, and greatly hurt and grieue the body.

Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions or drinkes, in scorpio. Purge with electuaries, the moone being in Cancer. Purge with Pills, the moone being in Pisces.

Take

Take preparatiues, the Moone being in Gemini, Libra, or Aquarius.

Take vomits, the Moone being in Aries, Taurus, or Capricorne.

Take Gargarises, the Moone in Aries, Cancer, or Capricorne.

Take Glysters, the Moone in Libra, or Scorpio.

To prouoke neesing, the Moone in Cancer, Leo, or Libra.

To stop fluxes, rhumes, and laxes, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, or Sagitarius.

Good to comfort the vertue digestiue, the moone in Gemini, Libra, or Aquarius.

Good to comfort the vertue retentiue, the moone in Taurus, Virgo, or Capricornus.

Good to comfort the vertue expulsiue, the moone in Cancer, Scorpio, or Pisces.

For vsing of Vnguents or plaisters, it is best applyed, when the moone is in that signe which gouerneth the same member or part of the body to which it is applyable.

For Sweatings.

SWeatings as they are of two sorts, that is to say, naturall and artificiall, so they are vsed for two ends and purposes: The naturall sweat, if good héede bée taken in opening of the pores, will dissolue grosse and thicke humors, will cleanse the blood, will comfort the Spirits, will put away cold, will consume raw humors, qualifie and quench raging feuers, will helpe numnesse, and the dropsie.

The artificiall sweat, will cleanse scabs, put away itch,

itch, amend dulnesse in ẏ hearing, ease the stone, resolue congealed and cold Melancholy blod and humors, &c.

But for the better performing, and effectuall working in these causes, the course of the learned Physitian is to be desired and vsed.

The best & meetest signes to sweat in, are ♈. ♌. and Sagittarius, and that two or three dayes after the change and at the full of the moone.

And note that sweatings is better to bee done in the euening then in the morning, for when the body hath nourishment within, the spirits shall not be drawne vtterly forth to the extreame parts: Note further, that leane folkes and dry or feeble persons, must sweat little, for it will hurt them much, but fat folkes may sweat well, and it will doe them much good.

A briefe description of the Foure Quarters of this yeare of our Lord God, 1617.

WInter, (which is the chiefest capitall foe for the Spring, the disgrace of Summer, and the deuourer of the fruitfull Harueſt) began to take his effects, according to our vsuall computation, the 12. day of December in the yeare aforegoing, at the first entrance of the Sun into the first minute of the signe ♑. at which time the sun shall be at his greatest South declination from the Equinoctiall line, so that he riseth south-east, and setteth South-west. Now is the Hiemall or Winter Solstice, for the Sun is so farre remoued from our Zenith or verticall point, that hee cannot decline any further, but stands at a stop or stay, and then is the shortest day and longest night in all the yeare, and so this quarter doth continue vntill the 11. of March next following.

This

This ſeaſon is by nature cold and moyſt, vnpleaſant for the moſt part to trauellers either by Land or Sea, and vnto aged perſons, it is very combrous and noyſome, cauſing ſuperfluitie of rawneſſe, and abundance of cold moyſtneſſe to ouerflow their bodyes, to their great troubles and diſquietneſſe.

The diſeaſes ingendred of Flegmaticke matter and of cold humors, will this quar: afflict diuers perſons, as Quotidian feuers, Paliſies, Rheumes, & horſenes, Gouts, Dropſies, and ſuch cold diſeaſes as proceed for want of blood.

Thus will the ſtarres, if God aſſent,
Whoſe power alone, can all preuent.

Of the Spring.

THe Sun (which is the eye of the world, the fountaine of light, and the chiefe moderator of all the reſt of the lights) hath like a Gyant run his race, and finiſhed his reuolution (Gradatim) throughout the twelue ſignes, and now beginneth his iourney afreſh againe, and goeth an euen courſe, and ſo becomes an indifferent Arbiter, betweene the day and night, and maketh an equality throughout his whole gouernement, to the great ioy and comfort of all his reuined Subiects, chearing with his ſplendent countenance the poore afflicted weather-worne wedes of this our darke ſtarre of mortality (which the darkened countenance of winters extremity had almoſt ſubdude) with his excellent preſence, whereat the earth begins to ſmile, and to put on new apparell, the flouriſhing liuerie of freſh Flora.

This ſeaſon is by nature hot & moyſt, the moſt temperate time of all the peare, and the leaſt breeder of ſickneſſes that doth procure death, and a very conuenient time for the removing of ſickneſſes and griefes gotten

ten before, and also to auoyd and preuent those that are to come: For now the dull sences and spirits of man & other creatures, are quickned & reuiued, & therefore the humors which doe abound, and are readiest to represse nature, are fit to be emptied and auoyded, whether by bloodletting, purging, or otherwise, as the learned Physition shall aduise, and as the cause of the disease shall require, such therefore as be diseased, let them not neglect this time.

Griefes and diseases incident vnto this Quarter, are small poxes, measels, squinancy, paine in the head, tertiane feuers, pushes, itchings, impostumes, and obstructions.

Infections from the Starres may fall,
But one aboue doth stay them all.

Of Summer.

SUmmer the third part of our vulgar yeare according to our vsuall computation, now when the Sun hath fully determined the Spring time with his last grade of Gemini, and hath mooued in his motion to the highest poynt of his course, namely to the first degree of Can. which shall be this yeare on the 12 of Iune. Now is the second Solstice of the yeare called the estiuall or summer Solstice, for euen as the Sun when he entreth into Capri: hath his greatest South declination, from the Equinoctiall line, so now at his ingresse into the beginning of Cancer, hee hath his greatest declination towards the North from the sayd Equinoctiall line, & euen then, as at the time of winter Solstice, he was so farre remoued from our verticall poynt, that he could not moone no farther towards the South, and was therefore to approach againe towards our North Latitude, at which time hee seemeth to stand: so now being

being come so neere our Zenith, that hee cannot remoue no farther towards the North, and is therefore to reuert againe towards the South Latitude. At his first going from vs hee seemeth also to stand, insomuch that euen as before at his returne towards vs againe hee made with vs the shortest day and longest night in the yeare, so now at his return from vs he maketh with vs cõtrary wise, the longest day & shortest night in ♈ yeare: And afterwards declineth more and more from vs, like as before he mooued more towards vs.

This season according to his proper nature is hot and dry, turning the humors of mens bodies, from coldnes and moysture, into hotnesse and drynesse, resembling the element of fire, and complexion of choller, bringing all fruits to their ripenesse, cattle to their fatnesse, and men to their wealth.

The infirmities of this Quarter, are hot burning Agues, inflamations of the Liuer, pimples of the face, Iaundies, obstructions, pluriſies, frensies, and such like, which doe proceed of blood and Choller.

Though Starres incline to worke vs ill,
All shall be as the maker will.

Of the last Quarter called Autumne.

AVtumne, according to our accustomed computation the last quarter of this yeare, beginneth at the Suns departure from the last scruple of Virgo, into the first degree of the seccond equinoctiall signe Libra, the which will be this yeare on the 14 of September, the day & night being of an equall length as in the spring: At which time is ♎ Autumnal equinoctial, for euen as at ♎ Suns entrance into ♈ the day by increasing from the Winter Solstice till then, came to be equall with the night, going on still more and more till the Summer Sol-

Solstice, when was the longest day and shortest night. So now the night by increasing from ♑ estiuall Solstice, to this the Sunnes ingrediance into ♎. hath got to be equall with the day, and shall increase more and more, till the brumall Solstice come againe, when the night is longest and the day shortest. This time of the yeare, is of it selfe vnconstant and variable, warme in the day time, and cold in the night.

This quarter because of the inequalitie of temperature, may as Hippocrates sayth, be called the mother or nurse of deadly sicknesses. And Galen sayth, that this time of the yeare is very dangerous for taking of sicknesses. The diseases of this Quarter are obstructions, ♀ surfettings, or dropsies, gouts, falling sicknesse, and melancholy diseases. The Lord turne all euils from vs. Amen.

Thus euery Planet in his kinde,
Is to performe the Almighties minde.

A declaration of the inclination of the weather and winds, according to the diuers motiõs & influences of the erraticall & fixed starres: with the day, houre, & minute of the change of the moone, her full, & quarters: & also of the rising & setting of the Sun, in euery 7 day of euery moneth of this yeare.

Of Ianuarie.

Day	The Sun riseth.	The Sunne setteth.
1	hou 8 and 3 min.	hou 3 and 57 min.
7	hou 7 and 56 min.	hou 4 and 4 minu,
14	hou 7 and 46 min.	hou 4 and 14 min.
21	hou 7 and 34 min.	hou 4 and 26 min.
28	hou 7 and 23 min.	hou 4 and 37 min.

New moone the 7. day, 25. min: after 10. in the forenoone, cold and cloudy.

First

Firſt quar: the 14 day about 9 in the morning windy and vnconſtant.

Full moone the 21. day 13 min: after 10 in the forenoone, winterly weather.

Laſt quarter the 29. day 51 min: after 9. in the morning ſome fall of moyſture. Ianuaries Abſtract.

In this moneth let not blood, neyther vſe but litle Phiſicke, except great neceſſitie conſtraines thee, and beware of taking cold, for in this moneth Rheumes & flegme doe much increaſe: to faſt long is hurtfull, but to drinke white wine faſting is good & wholeſome: vſe meates that are naturally hot, moderately, and weare warme clothes.

In worldly buſines, this moneth you may ſet all kind of cõmon fruit trées, or plants, as Peare, Plum, Cherrie, Filberd, Walnut, & ſuch like, Hawthorne, and all ſorts of quicklets; trées or plants, are fitteſt to be generally ſet from the change to the firſt quarter.

Take away Moſſe and ſuperfluous branches from your trées, and this moneth is good to ſet Beanes, peaſe, parſemps, Radiſh, lekes, garlicke, turnops, and onions, if the weather be milde, and the moone paſt her full, you may begin to graft at ỹ end of this month, ſo as the moone be increaſing in her light.

Good huſbands alſo this Moneth, crop their trées, fell timber, and geld cattell, ſuch as may be gelded, the ſtate of the Moone alwaies conſidered.

Of Februarie.

Day	The Sun riſeth.	The Sun ſetteth.
1	hou. 7. and 13. min.	hou. 4. & 47 min.
7	hou. 7. and 4. min.	hou. 4. & 56 min.
14	hou. 6. and 50. min.	hou. 5 & 10. min.
21	hou. 6. and 34. min.	hou. 5 & 26. min.
28	hou. 6. and 22. min.	hou. 5 & 38. min.

New

New Moone the 5 day 32. min: after 11. at night, subiect to moysture.

First quarter the 12 day 28 min: after 4 in the afternoone, answerable for the season.

Full Moone the 20. day about 2 of the clocke in the morning, wintery weather.

Last quarter the 28 day 27. min: after 5. in the morning, windy and vnconstant.

Februaries Abstract.

In this moneth, all slime fish, milke or Rice, and such like, that dos oppilate or stop the Lyuer & vayne, or thicken the blood, are to bee esteemed as enemies to health, also yet forbeare physicke & letting of blood, except great necessity doe vrge, & learned counsell doe advise you, beware of taking cold, for now Agues are apt to be taken, and it is very ill to take heates, and afterwards suddaine cold vpon them. Now is the most apt time to graft, to plant, & to set al kind of trées, & bushes the wind, & weather, & the age of the moone aforehand considered: pease, beanes, hastings, onyons, parsnips, and such like as in Ianuary, may very fitly be set in the waine of the moone. The time is now to trim vp gardens, to set & sow al kind of kitchen hearbs, to set slips, sow kernels, mustardseed, oates, set hops, vines, cut & prime them, sticke vp your rounsifal pease, & hastings.

Of March.

Day	The Sun riseth.	The Sunne setteth.
1	houres 6 and 20 min.	houres 5 and 40. minuts.
7	houres 6 and 8. min.	houres 5 and 52. minuts.
14	houres 5 and 54 min.	houres 5 and 6, minuts.
21	houres 5 and 40 min.	houres 6 and 20. minuts.
28	houres 5 and 26 min.	houres 6 and 34. minuts.

New Moone the 7 day 25. min: after 10 in the forenoone, windy and vncertayne.

First

First quarter the 14. day 4 min: after one in the morning, some ouercasting cloudes.

Full Moone the 21 day 45 min: after 6 at night, apt for the time.

Last quarter the 29 day about 10 at night, cold and cloudy.

Marches Abstract.

In this Moneth the humors of mans body doe begin to increase: and now grosse feeding breedeth grosse blood and grosse humors, and therefore vse meates of good digestion, and such as breed good iuyce: it is a good time to purge and clarifie the blood, by potions, Bathings and blood letting, or such other waies, as the learned Phisition shall appoynt, as the cause of the disease shall require, Now also sweete meates and drinkes are commendable.

The time of grafting as yet indureth, together with setting, sowing, proyning, & plashing of Vines, hops, willowes, Oates, field-pease, Onions, Parsenips, & such like, &c.

Of Aprill.

Day	The Sun riseth.	The Sun ne setteth
1	hou 5 and 18 min.	hou 6 and 42 min.
7	hou 5 and 6 min.	hou 6 and 54 min.
14	hou 5 and 54 min.	hou 7 and 6 min.
21	hou 4 and 39 min.	hou 7 and 21 min.
28	hou 4 and 29 min.	hou 7 and 13 min

New Moone the 5 day 14 min: after 7 at night, reasonable temperate.

First quarter the 12. day 25. min: after 11. in the forenoone, some Aprill shewers.

Full Moone the 20 day 30 min: after 11 in the forenoone, inclined to rayne.

Last quarter the 28 day 13 min: after 11 in the forenoone, apt for the season.

Aprils Abstract.

In this moneth of Aprill, ye pores of mans body are

 openes,

opened, & apt to receiue phisicke: & they that refuse the same, I commit them to the benefit of nature, for of all times of the yeare, this is ỳ best time to preuent causes of sicknesses, or for spẽdy remedy in extremities: For now nature doth renew strength through all the body. So where sickenesse happeneth, ther soone vnburdeneth by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly bee done, therefore take time whilest time is, &c.

As yet you may graft and proine vines, and also set melons, cowcumbers, citrons, hartishokes, and pole vp Hoppes, sow Barly, Tanners apply themselues to barking of Trées, &c. Of May.

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minuts
7	houres 4 and 15 min:	houres 7 and 45 minuts.
14	houres 4 and 5 min:	houres 7 and 55 minuts.
21	houres 5 and 56 min:	houres 8 and 4 minuts.
28	houres 5 and 50 min:	houres 8 and 10 minuts.

New Moone the 5 day. 9 min. after 3. in the Mor. pleasant weather.

First quarter the 11. at midnight, answerable to the season.

Full Moone the 20. day 20. min: after 3 in the mor: somewhat windy.

Last quarter the 27. day 46. min. after 8. at night, stormy and vnconstant. Mayes Abstract.

In this moneth rise early, for may doth not loue any sluggards, and let such as be in health and able, walke into the field, and to eate and drinke betimes is good & wholesom, abstayne from all meates as be of a hot nature, and such as be sicke, it is a very good time to be let blood, or to take phisicke. Such as bee whole, God kéepethem in health, & such as be sicke, God send them good Phisitians and phisicke.

The

The time is now fitting to sow Bazill, marierom & such fine seeds as before might not be sowne because of the coldnesse of the weather, set Sage according to the prouerbe, set sage in may & it will last alway, sow flaxe and hempe, set hartichockes, weed your hops and gardens, see to your grafts that no superfluous branches trouble them: may dew, rosemary flowers, and beane flowers, may at your pleasure be distilled this moneth, and now also haue a care of watching your bees.

Of Iune.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
7	houres 3 and 46 minuts	houres 8 and 14 minuts
14	houres 3 and 47 minuts	houres 8 and 13 minuts
21	houres 3 and 49 minuts	houres 8 and 11 minuts
28	houres 3 and 52 minuts	houres 8 and 8 minuts

New moone the 3 day 44 min. after 10. in the forenoone, somewhat windy.

First quarter the 10. day 37 min. 2. in the afternoone, pleasant weather.

Full moone the 18. day 34 min. after 5. in the afternoone, ouercasting clouds for raine.

Last quarter the 26. day 20. min. after 3 in the morning, apt for the season.

Iunes Abstract.

In this moneth if thou must néeds vse Physicke, take it in the morning early, that it may haue wrought before the heate of the day, and vse a light and thin diet, for the stomacke is not so able to digest as in winter or some other of the former moneths, it is very good and conuenient for some to drink clarified whey boyled with cold hearbs, and to abstayne from violent exercise; distilling of roses, making of sirrops, & conserues, are now in prime, now gather such hearbs as you meane to

kéepe all the yeare, but be sure you dry them in the shade, good husbands and huswiues, are now wéeding their corne and gardens, and other shearing their sheepe, the time serues to set rosmary & gilliflowers: take héed of cutting either hedge, tree, or hearbe with knife, but rather gather them with your fingers, now you may set saffron, carry out compost, make hay, rid Gardens of snayles, ants, or pismiers.

Of July.

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 54 minu.	houres 8 and 6 minuts.
7	houres 3 and 59 minu.	houres 8 and 1 minuts.
14	houres 4 and 7 minu.	houres 7 and 53 mtnts.
21	houres 4 and 20 minu.	houres 7 and 40 minuts.
28	houres 4 and 30 minu.	houres 7 and 30 minuts.

Newe moone the 2. day 7. minuts after 7. at night, somewhat vnconstant.

First quarter the 10 day 53 min. after 6. in the morning, temperate and seasonable.

Full moone the 18 day 26 min. after 6 in the Morning, fayre weather.

Last quarter the 25 day 7 min: after 8 in the Morning apt for the season. Iulies Abstract.

In this moneth vse cold hearbs, and cold meates, abstayne from phisick, and now ỹ Riuers are more wholsome then the Bathes, let the sun bee vp before you walke abroad. In the time of the Plague or Pestelene kéepe your chamber windowe shut, opening it when the sun hath forze of shining, and be sure to perfume your Chambers euery euening with Tar put on a Chasingdish of coales, then which nothing is better, & let them vse Cardus Benedictus boyled and dranke fasting.

Hay harueste now calleth slacke husbands to worke, and such as haue leasure, it is good to fallow for wheat, and to carry out soyle, and to gather séeds and flowers to kéepe all the yeare, and to dry them in the shade, till

they

they be almost dry, and then set them a while in the sun, and in like manner may you vse your hearbs.

Of August.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minuts	houres 7 and 24 minuts
7	houres 4 and 48 minuts	houres 7 and 12 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 16 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

New moone 1 day 49 min: after 4 in the morning, sitting the season.

First quarter the 9 day, 20 min after 12 in the mor: some fall of mysture.

Full moone the 16 day 47 min: after 5 at night, inclined to moysture.

Last quarter the 23 day 45 min: after high noone, pleasant weather.

New moone the 30 55 min. after 4 in the after noone, answerable to the season. Augusts Abstract.

In August moderate dyet is good physicke, for now it is very dangerous to surfit, & take good heed of heats & then of colds, for nothing sooner ingendreth plurisies And vse not to sleepe much, & especially after noone, for making oppilations, & for auoyding of Agues, and the head-ach, and catharres. And let a man abstayne from physicke except great necessity doe compell. Now Lady Ceres, lookes to haue men enough to attend her. They that would haue good seedes for their Garden the next yeare, must now gather of their owne, least in buying they loose their money & labour. And such as desire to haue lettice or other hearbs for winter, may sow seedes in the increase of the moone. Of September.

Day	The Sunne riseth.	The Sun setteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 32 minuts

First quarter the 7 day 18 min: after 6 at night, windy and vnconstant.

Full moone the 15 day 5 min. after 4 in the morning, somewhat stormy.

Last quarte the 21 day 5 min: after 7 at night, some showers.

New moone the 29. 43. min: after 7. in the morn: inclined to mysture. Septembers Abstract.

In this moneth, such as haue need, may safely take Physicke, & also may bath and bleed, in this moneth all things are in their proper vertue, and such fruits as are ripe and not infected, are good for eate for such as haue good stomackes.

The tyme is good to make conserue of Barberies, & Quinces. winter hearbs must be now sowne, likewise is the time to set hartichokes, rose trées, apples, peares, wardens, strawberies, violets, gilliflowers, Apples are to be gathered at the full of the moone, sow persenips, & in dry weather gather your hopps: good husbandry is sowing Rie and Wheate, and good huswiuerie is making of Verjuyce, & pincking of Hemp.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 26 minuts	houres 4 and 34 minuts

First quarter the 7 day 52 min: after 11 of the forenoone, answerable to the season.

Full moone the 14 day 50 min: after 1 in the afternoone: some fall of mysture.

Last quarter the 21 day 30 min: after 4 in the morning ouercasting clouds for rayne.

New moone the 29. day about one in the morning, rayne weather.

Octobers

Octoberr Abſtract.

In this moneth thou maiest take phyſick, & also bath if occaſion ſerue, vſe hot meates, and drinkes, any good wholeſome wines to nouriſh good blood. And be ware of taking cold, becauſe the quartane Ague will be apt to be taken, & ſuch other dangerous diſeaſes. Remoue young trées, as apples, peares, quinces, roſes &c. Set peaſe, parſenips, &c. Good Husbands néde not be haſted to ſowing of wheate; ſet Nuts, Acornes, and Filberds, and to doing of ſuch good husbandry.

Of Nouember.

Day	The Sunne riſeth.	The Sunne riſeth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 minuts	houres 3 and 51 minute

First quarter the 6 day 11 after 4. in the Morning, apt for the ſeaſon.

Full moone 12 day 30 min after 11 at night cold & cloudy.

Laſt quarter the 19 day 40 min: after 5. at night, ſeaſonable weather.

New Moone the 27. day 55 min: after 7. at night, ſeaſonable weather.

In Nouember finiſh the phiſicke that ye meane to take, & ſo reſt till March, except ſome great neceſſity doe conſtrayne you, vſe good meates & wholeſome wine to nouriſh the blood, prouide thée warme cloathing, goe dry on thy fét, or elſe make ſure account of Rheume and pale, beſidys ſome other inconuenience that will enſue. Beware of the hot-houſe this moneth, and vſe Betony and Cinamon in drinke.

In the new moone you may remoue young trées, as in the

the last moneth, and set crab-tree stockes to graft vpon when you please. It is a good time in the wane of the moone to set peale, beanes, and if the weather bee not to hard, it is good sowing of Parsenips, good making of mault, and killing of Beeues and swine.

Of December.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 12 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 12 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minuts

First quarter the 5 day, 13. min: after 6. at night, inclined to moysture.

Full Moone the 12. day 37. min: after 9. in the forenoone, wonterly weather.

Last quarter the 19. day 22. min: after 10. in the forenoone, windy and stormy.

New Moone the 27. day 56. min: after 2 in the afternoone, windy and cold.

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, & eate such meates as be of a hot quality, abstayne from Pyppicke, and let thy kitchen bee thy Apothecary: warme cloathing thy Nurse, merry company thy keepers: and good hospitality thy exercise.

Remoue Trees & Bushes as aforesaid in November, if the weather proue not too extreame. In the wane of the Moone, set Beanes, Peale, & those hearbes that cannot indure the cold, couer them with straw or other prouision, from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.